

Child/ Teenager Tongue- Tie Questionnaire

Today's Date _____

CHILD/TEENAGER (please circle):

Patient's Name: _____ Birth Date: _____

Form Filled out by: _____ Relationship to Child: _____

Pediatrician: _____

Main Concern: _____

Previous clip or release of tongue? _____ (date)

Has **YOUR CHILD OR TEENAGER** experienced any of the following? Please elaborate if needed.

Speech

- ____ Frustration with communication
- ____ Difficult to understand by parents/outside
- ____ Trouble with sounds (which?) _____
- ____ Speech delay (when?) _____
- ____ Stuttering
- ____ Choking or gagging on food
- ____ Mumbling or speaking softly
- ____ "Baby talk"

Feeding

- ____ Frustration with eating
- ____ Difficulty transitioning to solid foods
- ____ Slow eater
- ____ Packing food in cheeks like a chipmunk
- ____ Picky with textures (which?) _____
- ____ Spits out food
- ____ Prefers pureed food

Sleep Issues

- ____ Wakes easily or often
- ____ Wets the bed
- ____ Wakes up tired and not refreshed
- ____ Sleeps with mouth open
- ____ Snores while asleep (how often?) _____
- ____ Gasp for air or stops breathing (sleep apnea)
- ____ Grinds teeth while sleeping (how often) _____

Other related issues

- ____ Neck or shoulder pain or tension
- ____ TMJ pain, clicking, popping
- ____ Headaches or migraines
- ____ Strong gag reflex
- ____ Mouth open/mouth breathing during the day
- ____ Tonsils and adenoids removed previously
- ____ Ear tubes previously
- ____ Reflux (medicated or not)

Is your **CHILD or TEENAGER** in speech therapy? **YES/NO**

If yes, how long? _____

Private Therapist or School Therapist (**please circle**)

Speech Therapist: _____ Phone Number: _____

